

# SPRING MOLLY 2021



## RESEARCH IN CHILDREN'S PAIN

Dr. Christine Chambers knows all too well how critical research is for children's pain: she's been working as a clinical psychologist and pediatric pain researcher for over 30 years. Through this research, Dr. Chambers and her team have learned an enormous amount about the life-long impact of childhood pain. We now understand that poorly managed pain early in life can have serious health consequences, including higher pain sensitivity as an adult, trauma, chronic pain, and changes in brain development. Yet despite these learnings, two-thirds of children in hospital still undergo painful procedures without any pain management, and 75 percent of parents admit they do not know how to manage their kids' pain. But thanks to your enthusiastic support via DMRF's spring Molly Appeal Campaign, Dr. Chambers was able to push her research findings even further; not only across the Solutions for Kids and Pain (SKIP) pan-Canadian network, but beyond, to other countries. SKIP's mission: get critical information about managing children's pain into the hands of pediatric health caregivers, so young people don't need to suffer needlessly.



Dr. Christine Chambers, Professor,  
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University, Canada Research Chair (Tier 1) in  
Children's Pain, Scientific Director: SKIP

"For years, DMRF donors have helped to support my work, so I was honoured to participate in the spring Molly Appeal. The messaging is loud and clear: people care deeply about finding effective ways to manage children's pain. Thanks to your support as donors, we are taking our findings even further. From all of us at the SKIP Network, thank you!"

Dr. Christine Chambers